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March 2024

Dear Parent/Guardian

RE: Year 4 Swimming 2024

DATES: Friday March 22nd to Friday July 5th
March 22nd, April 26th, May 3rd, 10th, 17th, 24th, June 7th, 14th, 21st, 28th, July 5th
In the water time: 13.45pm until 14.30pm

As part of the National Curriculum for PE, year 4 children are taught swimming at Whitgift pool. This year the children will be provided with ten 45 minute swimming lessons. They are taught by qualified swimming instructors, who will assess their ability to swim and teach them in appropriate ability groups. Safety and appropriate behaviour in and around water is also part of the lessons.

Swimming lessons will begin on Friday 22nd March. The children will then have a further 10 lessons each Friday, completing these on Friday 5th July. **There will be no lesson on Friday 19th April.**

The children will be transported to and from the pool during the school day and they will need their swimming trunks or costume, towel and if possible a swimming hat, for each session. Long hair is to be tied back and all pierced earrings are to be removed, as children are not allowed into the pool with them in. Goggles are not required and will need a letter from a parent/guardian to allow them to be used.

Swimming and water safety is a statutory element of the national curriculum and all pupils are expected to participate. This means that:

All schools must provide swimming instruction either in Key Stage 1 or Key Stage 2. In particular, pupils should be taught to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively such as front crawl, backstroke and breaststroke and perform safe self-rescue in different water based situations.

Yours sincerely

Mrs L Hackfath

Head teacher

YEAR 4 SWIMMING NOTIFICATION FORM

I confirm I have received notification for my child to attend swimming lessons at Whitgift pool.

Childs Name: _____

Signed _____ (parent/carer) Date _____